

# Rochester Community Crisis Resources



## Immediate Crisis Support

Emergencies: call 911

Suicide Prevention: call 1-800-273-8255

Mental Health Crisis: call 1-800-270-0041

Crisis Text line: Text HOME to 741741

## Rochester School Counselors

Carrie Teagle (RPS) [cteagle@rochester.wednet.edu](mailto:cteagle@rochester.wednet.edu)

Tracy Foels (RPS) [tfoels@rochester.wednet.edu](mailto:tfoels@rochester.wednet.edu)

Michelle Fayette (GMES) [mfayette@rochester.wednet.edu](mailto:mfayette@rochester.wednet.edu)

Michelle Fayette (**RMS temporary contact**) [mfayette@rochester.wednet.edu](mailto:mfayette@rochester.wednet.edu)

Rachel Ledbetter (RHS): [rledbetter@rochester.wednet.edu](mailto:rledbetter@rochester.wednet.edu)

Vicki Vice (RHS): [vvice@rochester.wednet.edu](mailto:vvice@rochester.wednet.edu)

## Chehalis Tribe

Chehalis Tribe (M-F 8-4:30) **360 273-5911** 420 Howanut RD, & 21 Niederman RD, Oakville \*\*\*Tribal only

## Food

ROOF (M,T,TH 2-5pm) **360 273-6375** 10140Hwy 12 Rochester \*\*\*Thurston Co  
LCFBC (F 12:15-3pm) **360-748-1226** 750 SW 21st Chehalis \*\*\*Lewis Co

## Housing and/or Domestic Violence Support

Human Response Network **360-748-6601** \*\*\*Lewis Co  
Family Support Center **360-754-9297** \*\*\*Thurston Co  
Family Support Center Emergency Shelter **844-628-7343** \*\*\*Thurston Co

## Mental Health/Substance Use

Cascade Mental Health **800-559-6696** 2428 West Reynolds Ave. Centralia \*\*\*Thurston & Lewis  
Cascade Mental Health (Substance Use) **360-748-4339** 135 W. Main St. Chehalis \*\*\*Thurston & Lewis

## Financial

DCAP/Cash Assist (before 11am) **877-501-2233** \*\*\*regardless of citizenship  
Employment Security Office (Unemployment) **800-318-6022** apply online: <https://esd.wa.gov/>